

# FRHS India in Bihar & Jharkhand

Foundation for Reproductive Health Services India (FRHS India) initiated its operations in Bihar in 2013 and has been working closely with the Government of Bihar since then. Charting new territories, we expanded our reach to Garwha, Jharkhand, in 2021. We have since increased our last-mile services to other districts in Jharkhand. We endeavour to improve access to affordable, high-quality sexual and reproductive health services among the state's socially and economically vulnerable populations.

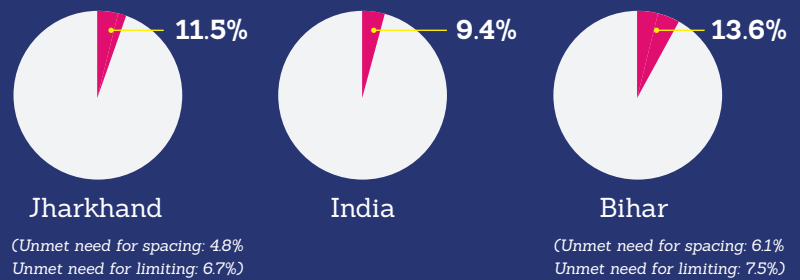
## Sexual and Reproductive Health Indicators

We provide a range of family planning services in **345 public sector sites** in **24 districts of Bihar**, covering a population of over **46.85 million**. In **Jharkhand**, we provide services in **34 public sector sites** in **6 districts**, covering a population of over **8.82 million**.

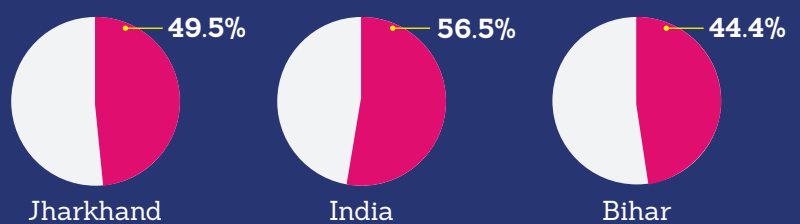
### Total Fertility Rate



### Total Unmet Need for Contraceptives



### Modern Contraceptive Prevalence Rate



\*Source: International Institute for Population Sciences (IIPS) and ICF. 2021. National Family Health Survey (NFHS-5), India, 2019-21. Mumbai: IIPS.

## Our Service Delivery Channels



### Clinical Outreach Team (COT)

A fully staffed and equipped team providing a full range (spacing, long-acting reversible, and permanent methods) of family planning choices to clients in public sector sites.



### Mini-Clinical Outreach Team (Mini-COT)

Reaching out to young adults closer to where they live and providing information, counselling and family planning services (spacing and long-acting reversible methods).



### Family Health Centres/ Clinics

A one-stop facility offering an entire range of high-quality family planning and reproductive health services in Gaya and Saharsa in Bihar.

## Our Impact in 2022

11,365

Unsafe Abortions averted

7,24,608

Couple Years of Protection (CYPs) generated

32,095

Unintended Pregnancies averted

21

Maternal Deaths averted



# Our Clients and their Experiences



**98%** of clients are satisfied with our services



**80%** of clients never used family planning



**97%** of clients believe FRHS India exceeded their expectations



**85%** of clients do not have an alternative provider for their method



## Clients Served in 2022

**52,391**

Tubal Ligation (TL) services provided

**953**

No-Scalpel Vasectomy (NSV) services provided

**180**

Safe Abortion (SA) services provided

**9,429**

Intrauterine Contraceptive Device (IUCD) services provided

**62,958**

Clients served

## Awards and Recognition

In 2022, district-level government authorities appreciated our contributions to family planning

East Champaran (Motihari)

Rohtas (Sasaram)

Samastipur Vaishali

Sheohar Gaya

## Support Us

Our work enables women and men to choose when and how many children they want and to improve the quality of life for themselves and their families. Join us in creating a world where every child is wanted, and every woman is healthy.

**Donate Now:** <https://www.frhsi.org.in/donate/donate.php>

## It's time to share the labour of love!

Having decided that their family is complete, Dhanai Sah and his wife Radha Devi, small-scale farmers and daily wage labourers from Bihar, visited us at CHC Hanuman Nagar for female sterilization services. Due to Radha's high fever, FRHS India's team counselled the couple on alternative contraceptive options. Coordinator Ishwar Kumar extensively discussed the benefits of No-Scalpel Vasectomy (NSV) with Dhanai, highlighting that it is a faster procedure and quicker recovery time (less than 24 hours compared to 7 to 14 days for female sterilisation). Inspired by the health benefits, Dhanai opted for NSV immediately.

After the procedure, Dhanai expressed his gratitude and praised the FRHS India team for resolving doubts, acknowledging that numerous myths around it often discourages men from considering it as an option. He shared, **"I'm happy to have opted for it instead of making my wife go through tubal ligation. I didn't know it would be such a simple and easy procedure in comparison; rather I was afraid that I might lose my strength and wouldn't be able to work after this, but now I feel so calm and relieved. I have also decided to motivate other men to come forward and avail NSV services instead of making their wife go through sterilisation."**

In 2022, FRHS India's team inspired over 953 men to opt for vasectomy and share the labour of love in Bihar.

## State Office

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Our dedicated call centre is available Monday to Saturday, from 9.30 a.m. to 6 p.m.

For personalised support, counselling, and access to comprehensive sexual and reproductive health services, call us: **7590870908 (toll-free)**

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